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MaineGeneral
Medical Center

Edmund N. Ervin Pediatric Center

Parenting Options With Encouraging Results



A Training Series to **EMPOWER** Parents of School Aged Children with Autism

The Edmund N. Ervin Pediatric Center is pleased to announce a **six session training series** for parents of children (approximate ages 8 to 11) with autism spectrum behaviors. Parents will be provided with tools to define behaviors, target the most important behaviors and then practice the interventions between sessions, with the goal of reducing stress and gaining a sense of empowerment. Parent participants will be an integral part of generating solutions for themselves and each other.

The training facilitators are Nancy Ponzetti-Dyer, PhD, a clinical psychologist who specializes in treatment of children with developmental disabilities and their families, and Jean Youde, MA, Program Coordinator, who has a special interest in leadership and parent empowerment, and is the parent of a child with autism.

The trainings will be held from **5 to 7 PM** at the Maine Developmental Disabilities Council conference room, 225 Western Avenue, Augusta, on the following Tuesday evenings:

March 24

April 28

March 31

May 12

April 14

May 19

The training series is FREE. Participants are asked to attend all 6 sessions.

A light dinner will be provided at each session, at no cost to participants.

To register for the trainings, or for more information, please contact Jean Youde at 623-6503 or jean.youde@mainegeneral.org